



## SPECIFIC METHODS OF INDIVIDUAL APPROACH

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**Abstract:** *This article discusses the importance of the relationship between pedagogy and psychology in enhancing the effectiveness of the educational process. It highlights that every student has unique characteristics, and an individual approach helps ensure effective communication between the teacher and student. The essence of applying individual approaches and their pedagogical-psychological foundations is thoroughly explored.*

**Keywords:** *individual, individual approach, effectiveness, motivation, pedagogical approach, student's age process.*

The importance of individual approach in today's educational process is significant. So, what is meant by an individual approach? An individual approach is a pedagogical approach in the educational process that focuses on personalizing education, taking into account each student's unique characteristics, needs, abilities, and interests. In this approach, the teacher gives special attention to each student and selects methods and tools that match their specific learning needs. The primary goal of an individual approach is to create the necessary conditions for each student's success in the learning process and to develop their intrinsic motivation and learning abilities. This approach provides students with the opportunity to learn according to their abilities and helps them in self-awareness. The main aspects of individual approach are as follows:

Personal needs and characteristics: Each student has unique abilities, interests, psychological state, and attitude towards learning. The teacher personalizes the education, taking these characteristics into account. Differentiation: Adapting teaching methods and tools to meet the students' needs and varying abilities.

Special approaches: Some students may require additional help or specific programs. In such cases, the teacher supports them individually.

**Motivation:** Increasing motivation by helping students achieve their personal goals. In this way, the individual approach makes the teaching process more personal and effective, providing each student with the opportunity to receive education that matches their abilities and needs. The interaction between pedagogy and psychology plays a crucial role in enhancing the effectiveness of the educational process. Since each student has unique characteristics, the individual approach helps ensure effective communication between the teacher and the student. The teacher's individual approach to students must be based on pedagogical and psychological principles to make the educational process more effective. The individual approach involves personalizing the educational process by considering the diverse pedagogical, psychological, and social characteristics of students. Each student has unique needs, abilities, and interests. Therefore, the individual approach ensures that the teacher gives special attention to each student and works to ensure their success in the learning process. Pedagogical foundations play a vital role in organizing the interaction between the teacher and student. The application of pedagogical foundations in individual approach requires attention to the following aspects:

**Differentiation:** The teacher must select teaching methods that are suitable for each student's individual characteristics and needs, ensuring that students are provided with learning opportunities tailored to their personal attributes.

**Considering students' interests:** Taking into account students' interests and needs during the educational process boosts their motivation and makes the learning activities more engaging.

**Personal approach:** Each student has specific needs during the educational process, which must be carefully identified by the teacher. The teacher should organize the learning process according to the student's individual characteristics.

**Psychological foundations:** These involve considering students' personal, emotional, and intellectual development. In implementing individual approach from a psychological perspective, the following factors are important: Psychological characteristics of

students: Each student's psychological state, temperament, self-awareness level, and emotional condition directly influence the learning process. The teacher should personalize education by taking these characteristics into account. Motivation and self-awareness: Students' internal motivation shapes their attitude toward learning. The teacher can increase motivation by helping students achieve their personal goals. Interpersonal relationships and teamwork: Psychologically, the interpersonal relationships between students and their ability to work in teams are crucial. Developing healthy and positive relationships among students, promoting cooperation and mutual assistance, enhances the effectiveness of the learning process. Setting personal goals and plans: Students need to set personal goals, and it is essential to create individual learning plans to help them achieve those goals. This develops students' ability to manage themselves. Special help and support: Teachers can provide individual help to students, conduct additional lessons if necessary, and allocate special time to reinforce their knowledge. The pedagogical-psychological foundations of the individual approach help organize an effective learning process by considering students' personal needs, abilities, and interests. The correct application of these foundations supports students' personal development, increases their motivation, and ensures the effectiveness of education. The key task for teachers in this process is to provide individual approaches and select teaching methods that are appropriate for students' unique characteristics. In the rapidly developing independent Uzbekistan today, our president Sh.M. Mirziyoyev emphasized in one of the meetings dedicated to youth issues that the highest goal is to develop primary school students not based on a template, but by critical thinking and nurturing their individual potential. Indeed, there is a wise saying among our people: "From the head of the child." The future of our children, the degree to which they will become mature individuals, depends on the foundation laid today. The responsibility of laying this foundation is a vital and honorable task that lies ahead of us, the primary school teachers. One of the urgent issues in this context is the development of unique methods to enhance the intellectual growth of primary school

students. The importance of individual approach is crucial because each child develops at their own pace, with unique abilities and needs. Teaching while considering the individual characteristics of students stands out as an approach of significant importance in the educational process. First, let's define the term "individuality": Individuality refers to a person's uniqueness, their personal characteristics, thinking, emotions, behavior, and goals that distinguish them from others. It is based on how each person feels about themselves, perceives the world, and defines their position relative to others. Individuality helps a person define themselves and allows them to express a unique approach when making decisions, engaging in social life, and navigating various situations. It also includes the qualities and abilities that distinguish a person from others, ensuring their uniqueness and distinctiveness. Intellectual development is the process through which an individual's cognitive abilities change and grow over time. In this process, the ability to acquire knowledge, think critically, draw conclusions, imagine, solve problems, and absorb new information improves. Intellectual development is linked to the expansion of a person's cognitive processes and intellectual activities, including abilities such as speech, memory, attention, imagination, and logical thinking. Some key aspects of intellectual development are: Knowledge acquisition – assimilating new information, skills, and concepts. This process occurs through experience, reading, and education. Thinking and logical abilities – the ability to think, analyze, make decisions, and solve problems.

Creativity and innovation – generating new ideas and solutions, creative thinking. Talent development – supporting the intellectual development of students based on their individual characteristics and potential. Intellectual development is especially important during childhood and adolescence, as the foundation for intellectual potential is formed during this period. In the educational process, applying an individual approach and various methods helps to ensure the maximum intellectual development of students. Psychologically, the benefits of applying an

individual approach include recognizing and appreciating students' work, helping them realize their potential, and providing opportunities to achieve their goals.

In today's educational process, the significance of an individual approach is immense. So, what does an individual approach mean? An individual approach is a pedagogical approach that personalizes education by considering each student's unique characteristics, needs, abilities, and interests. In this approach, the teacher gives special attention to each student and selects methods and tools that match their specific learning needs. The main goal of an individual approach is to create the necessary conditions for each student to succeed in the learning process and to develop their internal motivation and ability to acquire knowledge. This approach creates opportunities for students to learn according to their abilities and helps them in self-realization. The key aspects of individual approach include: Personal needs and characteristics: Every student has unique abilities, interests, psychological state, and attitude towards learning. The teacher personalizes the education considering these factors. Differentiation: Adapting teaching methods and tools according to the student's needs, abilities, and opportunities. Special approaches: Some students may need extra help or special programs. In these cases, the teacher supports them individually. Motivation: Increasing students' motivation by helping them achieve their personal goals. Thus, the individual approach helps to make the teaching process more personal and effective, providing each student with opportunities for education that meet their abilities and needs. The interaction between pedagogy and psychology plays a vital role in improving the effectiveness of the educational process. Each student has unique characteristics, and an individual approach helps ensure effective interaction between the teacher and student. The teacher's individual approach to students ensures the efficiency of the learning process, with pedagogical and psychological foundations being essential. The individual approach means personalizing the teaching process by taking into account the pedagogical, psychological, and social characteristics of the students.

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