



TO STUDY THE EFFECT OF COMPLEX THERAPY USING KUDESANA ON DYNAMICS CLINICAL PAINTINGS SICK PSORIASIS

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Abstract: To study the effect of complex therapy using kudesana on dynamics clinical paintings sick psoriasis. In research accepted participation 70 sickpsoriasis (43 men (61.43%) and 27 women (38.57%)) aged 18 to 70 years (mean age – 40.69 ± 2.31 years) in the stage of progression of pathology -logical skin process. The control group consisted of 20 clinically healthy donors aged 21 to 59 years (mean age 33.95 ± 1.51 years).

Revealed reliable clinical efficiency to m-complex therapy of psoriasis with kudesan introduced into its composition , which is characterized by is being rated decrease index PASI on 75.79%, more early beginning regress -sa pathological skin rashes, big quantity patients, discharged With condition clinical recovery And significant improvements.

Key words: kudesan , treatment, psoriasis

Introduction: Psoriasis (ancient Greek . ψωρί ασις, from ancient Greek. ψώρα α — itching) — chronic non-infectious autoimmune [1] disease , dermatosis , affecting mainly the skin [2] [3] [4] . Psoriasis usually manifests itself in the formation of red, excessively dry, raised spots above the surface of the skin - the so-called papules , which merge with each other, forming plaques. These papules are by their nature areas of chronic inflammation and excessive proliferation lymphocytes , macrophages and keratinocytes of the skin, as well as

excessive angiogenesis (formation of new small capillaries). The incidence does not depend on gender [5] . Psoriasis affects 2-4% of the total population [6] [7] [8] . In Russia, this figure also varies depending on the territory - from 0.72 to 11.8% [9] . The disease can begin at any age, but most often plaques appear between the ages of 15 and 25. Every third patient indicates the first symptoms before the age of 20 [10] . The highest prevalence of psoriasis is observed in Western Europe and Scandinavia [8] [11] . The disease is much less common among representatives of the Negroid and Mongoloid races [8] . Psoriasis can occur in newborns and infants [11] .

The aim of the study. To study the effect of complex therapy using kudesana on dynamics clinical paintings sick psoriasis.

Materials And methods. IN research accepted participation 70 sick psoriasis (43 men (61.43%) and 27 women (38.57%)) aged 18 to 70 years (mean age – 40.69 ± 2.31 years) in the stage of progression of pathology -logical skin process. Examination and treatment of patients is carried out was carried out after obtaining written informed consent and defining the inclusion and exclusion criteria patients in the study. The control group consisted of 20 clinically healthy donors aged 21 to 59 years (mean age 33.95 ± 1.51 years).

Defined dynamics clinical index PASI - index coverage And t i -tins psoriatic defeats, appreciated deadlines regression skin rashes And quality of the work carried out treatment.

Treatment regimen – kudesan was taken as part of standard therapy orally 10 drops 1 time/ day during meals in the first half days, after dissolving in a small amount of boiled water room temperature, during the course of inpatient treatment (20 days).

Results and discussion. According to the data of the conducted study - , the average value of the PASI index in the studied groups of patients corresponds to corresponded to a high degree of severity of psoriatic disease. The severity index

psoriasis PASI in the group of patients receiving basic therapy, amounting to V average 32.93 ± 1.26 conv. unit, reliably decreased on 55.6% to 14.62 ± 1.43 conventional units ($p < 0.001$). Against the background of therapy with the use of kudesan, the value of y - the expected indicator decreased by 75.79% from 31.76 ± 1.57 to 7.69 ± 0.87 conventional units. ($p < 0.001$), which is 47.4% ($p < 0.001$) lower than the values of the comparison group. With the prescribed duration of inpatient treatment, the beginning of improvement of pathological skin process in patients of group I occurred at 16.76 ± 0.77 day from the start of therapy, II – on 10.14 ± 0.58 days, i.e. significantly earlier 39.49% ($p < 0.001$). In group comparisons clinical recovery noted in 2 patients (5.7%), significant improvement – in 3 (8.6%), improvement – in 30 patients (85.6%). In the study group, patients who received kudesan as part of complex therapy, these indicators were respectively - 3 (8.6%), 5 (14.28%) And 27 (77.14%).

Conclusions. Revealed reliable clinical efficiency to m-complex therapy of psoriasis with kudesan introduced into its composition, which is characterized by is being rated decrease index PASI on 75.79%, more early beginning regress -sa pathological skin rashes, big quantity patients, discharged With condition clinical recovery And significant improvements.

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