



## PREVALENCE STUDY PSYCHOSOMATIC PATHOLOGIES V CLINIC, STUDYING MEANINGS PSYCHOSOMATIC PATHOLOGY IN THE DEVELOPMENT, COURSE AND TREATMENT OF DERMATOLOGICAL DISEASES

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**Abstract:** The aim of our study is a prevalence study psychosomatic pathologies V clinic, studying meanings psychosomatic and -pathology in the development, course and treatment of dermatological diseases. Study of modern, domestic and foreign foreign literature devoted to the issue of the significance of psychosomatic patho -logical V development and current dermatological diseases. Analysis of statistical data obtained during the study of groups sick With various dermatological diseases. For dermatological diseases, characteristic psychosomatic and -Czech parallelism, - With strengthening affective violations is growing wedge - clinical picture of skin disease, and vice versa, with a decrease in somatic symptoms, stabilization of the patient's psycho-emotional status is observedno .

For patients with a dermatological profile, the most typical is neuro- tic level of disorders.

Prevalence psychosomatic pathologies among dermatological - skih sick high And dictates necessity revision approaches To Diagnosed - stick And treatment of such patients.

Most effective way help psychosomatic sickis their diagnosis and treatment within the framework of specialized psychosomatics - tic departments.

**Key words:** psychosomatic pathology , dermatological diseases

Introduction: Psychosomatic disorders are a group of painful conditions that nicking on basis interactions mental And somatic factors and manifested by somatization of mental disorders, mental disorders devices that reflect a reaction to a somatic disease , or oratory somatic pathologies under influence psychogenic factors. Frequency psychosomatic disorders is extremely high. According to A.V. Andryushenko et al. (2010), the burden of psychosomatic pathology ranges from 15 to 50%. Psychosomatics makes a huge contribution to both the development and the course of dermatology . tological pathologies.

**The aim of our study** is to investigate the prevalence of sti psychosomatic pathologies V clinic, studying meanings psychosomatics - pathology in the development, course and treatment of dermatological diseases -ny .

**Materials and methods.** Study of modern, domestic and foreign foreign literature devoted to the issue of the significance of psychosomatic patho -logical V development and current dermatological diseases.

Analysis of statistical data obtained during the study of groups sick With various dermatological diseases.

**Results And discussion.** IN structure dermatological pathologies With proven psychosomatic component pathogenesis enter such consist of- such as: recurrent urticaria, psoriasis, lichen planus, neu-rhoderma , eczema, mycosis of the skin, seborrheic dermatitis, atopic dermatitis, focal alopecia , recurrent herpes, vulgar acne.

There is a predominance of female dermatological patients patients with psychosomatic pathology - 65.1% versus 34.9% with responsibly.

Revealed signs long lasting emotional overvoltage at 50% of patients with lichen planus, 72.7% of patients with chronic cr a - beer hall , 87.5% studied with focal alopecia .

In dermatological patients with a psychosomatic component property are discovered disturbing (26.3%), dissociative (20.9%) And depressive (15.3%)

disorders.

Phenomena of psychosomatic parallelism are revealed in more than 57% of cases.

Need V cupping psychopharmacotherapy is discovered V 46.5% cases at sick dermatological profiles With presence psychosom a -tic component, A V symptomatic - needs near 30% sick

On today day psychosomatic help V Saint Petersburg organized predominantly cardiology And dermatological pain- nym . Psychosomatic dermatological help on landline stage provides St. Petersburg State Budgetary Healthcare Institution "Urban dermatovenerologic "dispensary". IN with o-becoming departments enters 25 bed-places. According to information O medical and professional lactic institution (form 30) for 2014 year on this department was treated 386 patients, V volume number 162 able-bodied age.

All subjects, regardless of age, gender, or racial/ethnic group, with dermatological diseases or systemic diseases with cutaneous manifestations.

Patients included in this protocol will be evaluated and treated according to generally available standard procedures and therapeutic methods. Blood and skin samples will be examined using routine and specialized investigations to establish the diagnosis of these patients, response to treatment, and/or disease progression. Non-invasive tools may be used as part of the examination and assessment of cutaneous manifestations of the disease.

**Conclusions.** For dermatological diseases, characteristic psychosomatic and -Czech parallelism, - With strengthening affective violations is growing wedge - clinical picture of skin disease, and vice versa, with a decrease in somatic symptoms, stabilization of the patient's psycho-emotional status is observed no .

For patients with a dermatological profile, the most typical is neuro- tic level of disorders.

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