

EVALUATE CLINICAL EFFECTIVE VARIOUS SPECIES EXTERNAL THERAPY AT SICK ITCHY DERMATOSES

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Abstract: Purpose research to evaluate clinical effective various species external therapy at sick itchy dermatoses. In research participated 54 patient With itching i-dermatoses : atopic dermatitis (n=14), allergic contact nym dermatitis (n=15), true eczema (n=25). Sick were separated on two groups: group A (atopic dermatitis (n=7), allergic contact dermatitis (n=8), true eczema (n=15) received topical cream therapy methylprednisolone aceponate+2% urea (preparation Comfoderm M2) on skin face once a day, betamethasone cream (Akriderm) or betam cream ethazon + gentamicin + clotrimazole (drug Akriderm GK) for risk of infection -application to the diseased areas of the body twice a day. The rest is nye patients, entered V group B , received standard therapy strong glucocorticosteroid (fluocinolone acetonide) one or two times a day. Rating efficiency conducted at help index EASI (Eczema Area and Severity Index) on 0,7,14,28 days of treatment. The drugs allow to minimize in a short time subjective symptoms of diseases, the severity of the inflammatory process and decrease square defeats, Not calling addiction, side effects effects And complications. Thanks to the additional moisturizing components of the base, the preparations are quickly absorbed, do not leave greasy marks and contributed decrease dryness and peeling skin.

Key words: treatment prevention dermatoses

Introduction: Dermatosis (from ancient Greek . Dermatos (δέρμα meaning "skin") is the name of various skin diseases . The term refers to skin lesions that are characterized by specific manifestations and causes of occurrence. They can be both congenital and acquired. Dermatosis has no age restrictions. There are many different types of dermatosis. The most common are dermatitis , eczema and psoriasis . People are often susceptible to such skin lesions as neurodermatitis , which develops in the case of neurological abnormalities, disorders in the endocrine system or weakened immunity . Another form of dermatosis is scabies . It most often occurs due to weakened immunity. Many types of skin diseases occur as a result of damage to internal organs. Each type of dermatosis requires a separate treatment program.

Dermatosis affects different areas of the body. The development of diseases is influenced by both external (mechanical damage to the skin, the effects of plant poison , insect bites, etc.) and internal (allergy , infection , internal inflammation , metabolic problems) factors that affect the human body to a greater or lesser extent. In addition, dermatosis can occur as a result of severe stress or any disease that affects the immune system.

Target research. Rate clinical effective various species external therapy at sick itchy dermatoses.

Materials And methods. IN research participated 54 patient With itching i- dermatoses : atopic dermatitis (n=14), allergic contact nym dermatitis (n=15), true eczema (n=25). Sick were separated ontwo groups: group A (atopic dermatitis (n=7), allergic contactdermatitis (n=8), true eczema (n=15) received topical cream therapy methylprednisolone aceponate+2% urea (preparation Comfoderm M2) on skin face once a day, betamethasone cream (Akriderm) or betam cream ethazon + gentamicin + clotrimazole (drug Akriderm GK) for risk of infection -application to the diseased areas of the body twice a day. The rest is nye patients, entered V group B , received standard therapy strong glucocorticosteroid (fluocinolone acetonide) one or two

times a day. Rating efficiency conducted at help index EASI (Eczema Area and Severity Index) on 0,7,14,28 days of treatment.

Results and discussion: In both groups, the EASI index significantly decreased. IN group A: to therapy He compiled 6.9 +/- 3.48; after therapy: 0.77 +/- 1.34, $p < 0.001$. In group B: before therapy - 9.3 +/- 5.26; after therapy , respectively -1.23 +/- 2.24, $p < 0.001$. Symptoms of xerosis in group A are both clinically both according to the static indicators and according to the corneometry data, they decreased to a greater extent degrees, how V group B. Subjective feelings itching were docked V bo -earlier periods are also in group A. Particular attention should be paid to the fact that that the duration of remission at the end of treatment was significantly longer in group A. In addition, the frequency of side effects (erythema) in group A was registered less than in group B.

All subjects, regardless of age, gender, or racial/ethnic group, with dermatological diseases or systemic diseases with cutaneous manifestations.

Patients included in this protocol will be evaluated and treated according to generally available standard procedures and therapeutic methods. Blood and skin samples will be examined using routine and specialized investigations to establish the diagnosis of these patients, response to treatment, and/or disease progression. Non-invasive tools may be used as part of the examination and assessment of cutaneous manifestations of the disease.

Conclusions. The results of the studies have proven the high efficiency combination therapy with methylprednisolone cream aceponate (the drug Comf o - derm M2), betamethasone cream (drug Akriderm) and betamethasone+ge cream Ntamycin + Clotrimazole (preparation Akriderm GC) patients With itchy dermatoses (atopic dermatitis, contact allergic dermatitis Andtrue eczema). The drugs allow to minimize the symptoms in a short time. subjective symptoms of diseases, the severity of the inflammatory process and decrease square defeats, Not calling addiction, side effects effects And complications. Thanks to the additional

moisturizing components of the base, the preparations are quickly absorbed, do not leave greasy marks and contribute to decrease dryness and peeling skin.

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