



THE ELDERLY ARE THE MIRROR OF OUR NATIONAL SPIRITUAL VALUES

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ANNOTATION: *this article emphasizes that our elderly are a mirror of our historically formed National spiritual values for us, that our ancient customs, traditions, customs and rituals inherited from our ancestors were absorbed into our minds and hearts by our fathers and mothers of the same light and become our haèt style, what kind of good work we should not start, take the blessing of our The role of the elderly in educating young people in the spirit of patriotism and love for the motherland, respect for our national values and traditions is also shown to be incomparable*

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Today, in raising youth and exalting their meaningfulness, the family is the social foundation of the Society of the holy abode and man. The fact that a person takes his place in society with dignity, and lives in a family environment without conflicts, that families are stable will largely depend on the characteristics of family relationships. Especially since we can observe the bright manifestation of such a state in the families of the Uzbek nation. In this regard, our President Sh.Mirziyoev notes that" if we can combine the knowledge and experience of the older generation, the qualities of being able to see far, with enthusiasm, courage and dedication in our youth, we will definitely go to the desired heights."

Respect and attention to the elderly, their veneration and appreciation is an oriental udum, a virtue inherent in our nation. We always learn from the teachings of our enlightened fathers and mothers, pandu-admonitions, haèt wisdom and give meaning to our life path. Each of their admonitions is a lesson for us, a spiritual

treasure. Without words, in the way of our elderly haèt, from the qualities of restraint, sermulo hazy, sincerity, tolerance, enlightenment and dedication in them, the feelings of humanism, pacifism, striving for knowledge, hard work, pride and self-sacrifice inherent in us are rooted.

Our old people are the mirror of our national spiritual values that have historically been formed for us. Our ancient customs, traditions, customs and rituals inherited from our ancestors are being absorbed into our minds and hearts by our fathers and mothers of the same light, becoming our haèt style. Pay attention, what kind of good deed we will not start, we will receive the blessing of our parents, old people. After all, each of their duoyu-Fatiha has a special blessing. In addition, in each of his prayers, the wishes of peace-tranquility, health-tranquility accompany us. Their prayer is a dunè wisdom. However, there is no one who has such a deep understanding of the value of peace, the value of Health, the value of tranquility and tranquility, who has tested it in the haèti experience. Today, the spirit of independence, calm and peaceful haèt, the bunèdness in them further increases the desire for haèt, the pleasure, the feeling of gratitude.

Including I.A.As Karimov noted in his work "high spirituality is an invincible force", "while we make the issue of the comprehensive uplift of national spirituality a fundamental task for ourselves, it is desirable that today we have a deep understanding of all the factors and norms that shape and influence our spirituality and how they act in this regard" [1, p.56].

The role of the family in the formation of the specific spirituality of any nation is incomparable. The family is considered the most important cell of society and the state. Because the upbringing of a member of every society and a future citizen begins with the family. It is natural that the most pure and pure feelings of a person, the first life concepts and visions, spiritual criteria such as goodness and goodness, kindness, love-loyalty, or-nomus and andisha, are decided in the family.

That is why it is the respect for the parents that arises in the family environment, the realization of the debt crisis before them that forms the basis of the qualities of humanity and family relations inherent in any person, the spiritual world of the family. In the so-called Fortress of the family, generations are matured. Spirituality, decency, instructive values, noble qualities are also formed first of all in the family.

The proclamation of 2012 by our president as "the year of the family" laid the groundwork for the full realization of the cherished expression of the noble principle that "the family is healthy-the society is healthy, the society is sustainable –the country is sustainable." Indeed, the family is the foundation, the foundation of society. If the foundation is mustacham, the land will be mustacham. And in the Holy Land, the ground is laid for progress.

It is known that any change and development is reflected, first of all, in the manifestation of a number of qualities, such as a peaceful coexistence of the family, the fulfillment of his dream hopes, an increase in his perfect confidence in the future. The socio-political, economic development of society is carried out not by natural resources, favorable climatic conditions, but primarily by healthy people with a high level of spirituality. Closeness between family members, trust, respect, sincerity, disdain for duty and responsibility to each other, exactingness, tenderness are some of the mental factors that affect the formation of the inner world of youth. As society develops and the role and relevance of spiritual factors in social development increases, so does the emphasis on family upbringing. One of the important tasks in this regard is to stabilize the spiritual autonomy of the family, to strengthen the sense of duty and responsibility in parents to children, in children to parents and society. The role of society, the state, the public is great in creating such an autonomy. If the influence of society, the state, the public is not enough, the role of the family in the upbringing of children is also weakened.

Noting the importance of the family in the life and development of society, the outstanding scientist and adib Abdurauf Fitrat said: "the happiness and glory of each family, of course, depends on the internal discipline and harmony of this people. Peace and harmony, on the other hand, rely on the discipline of the families of the same nation, while order in the family, mamalakat and the nation will also be so strong and orderly. If the people of a mamalakat, immoral and ignorant, weaken family relations and allow indiscipline, then the bliss and life of this nation will remain under shubkha".

In place of the conclusion, it is worth insisting that the strengthening of the family, a stronghold of spirituality, in order to educate young people in the spirit of patriotism and love for the motherland, respect for our national values and traditions, deep knowledge of our glorious history, should become the main task and human duty of all of us today.

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